

(Yummy, yummy, yummy, I've got)

# Theoretical Atom Optics

(in my tummy)

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Lectures for the ACQAO Summer School

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“There has been an alarming increase in the number of things I do not know”

# Review

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## Complete description of multiple bosonic atoms

- The basis states of the total Hilbert space have a given occupation number for each single particle mode:

$$|\psi\rangle = \sum_{n_1, n_2, n_3, \dots} f_{n_1, n_2, n_3, \dots} |n_1, n_2, n_3, \dots\rangle$$

Typical Hamiltonian:


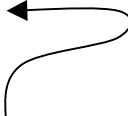
$$\hat{H} = \int d\mathbf{x} \hat{\psi}^\dagger(\mathbf{x}) \left( -\frac{\hbar^2}{2m} \nabla^2 + V(\mathbf{x}) \right) \hat{\psi}(\mathbf{x}) + U \int d\mathbf{x} \hat{\psi}^\dagger(\mathbf{x}) \hat{\psi}^\dagger(\mathbf{x}) \hat{\psi}(\mathbf{x}) \hat{\psi}(\mathbf{x})$$

# *Major classes of approximation*

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## Quantum field theory calculations are hard

Approximations ignore either:

- Complexity in the quantum state of each mode
- The number of modes 
- Systems with strong interactions 

Perturbative methods: incredibly refined in the world of QED, some branches of condensed matter physics and particle physics.

Unfortunately, atom optics is typically highly non-perturbative

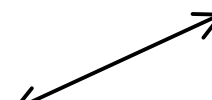
# Single mode approximation

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## Ignore all the irrelevant modes

- Very common in quantum optics
- Applicable to spatially “simple” systems
- Depends on initial state and Hamiltonian

$$\hat{H} = \int d\mathbf{x} \hat{\psi}^\dagger(\mathbf{x}) \left( -\frac{\hbar^2}{2m} \nabla^2 + V(\mathbf{x}) \right) \hat{\psi}(\mathbf{x}) + U \int d\mathbf{x} \hat{\psi}^\dagger(\mathbf{x}) \hat{\psi}^\dagger(\mathbf{x}) \hat{\psi}(\mathbf{x}) \hat{\psi}(\mathbf{x})$$

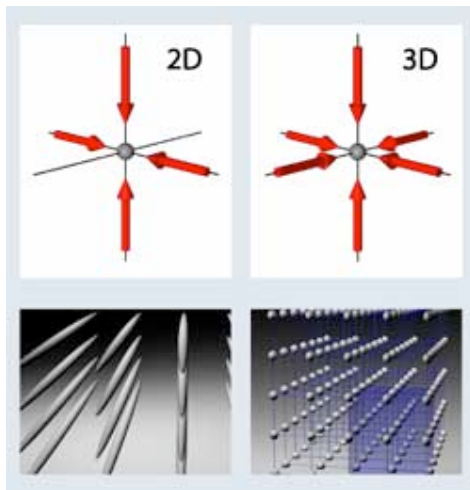
$$\hat{H} = \sum_{jk} T_{jk} \hat{b}_j^\dagger \hat{b}_k + \sum_{jklm} V_{jklm} \hat{b}_j^\dagger \hat{b}_k^\dagger \hat{b}_l \hat{b}_m$$


In some well-chosen basis, we may be able to consider only a finite (small) number of these modes

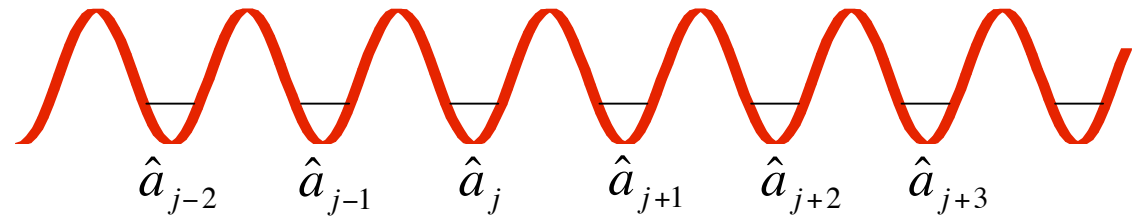
$$\text{e.g. } \hat{H} = E_1 \hat{b}_1^\dagger \hat{b}_1 + \kappa \left( \hat{b}_1^\dagger \hat{b}_2 + \hat{b}_2^\dagger \hat{b}_1 \right) + V \left( \hat{b}_1^\dagger \hat{b}_1^\dagger \hat{b}_1 \hat{b}_1 + \hat{b}_2^\dagger \hat{b}_2^\dagger \hat{b}_2 \hat{b}_2 \right)$$

# Optical lattices

Optical lattices make periodic potentials for atoms



<http://www.physik.uni-mainz.de/quantum/bec/experiments/opticallattices.html>



$$\hat{H} = \int d\mathbf{x} \hat{\psi}^\dagger(\mathbf{x}) \left( -\frac{\hbar^2}{2m} \nabla^2 + V(\mathbf{x}) \right) \hat{\psi}(\mathbf{x}) + U \int d\mathbf{x} \hat{\psi}^\dagger(\mathbf{x}) \hat{\psi}^\dagger(\mathbf{x}) \hat{\psi}(\mathbf{x}) \hat{\psi}(\mathbf{x})$$

$$H \approx -J \sum_j \hat{a}_j^\dagger \hat{a}_{j+1} + \frac{1}{2} U \sum_i a_i^\dagger a_i (a_i^\dagger a_i - 1) \quad \text{Bose-Hubbard model}$$

# Atom laser

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We saw yesterday a semiclassical pumped atom laser model reaching a nice, stable steady state.

Let's build a *quantum* model of this system:

- Two electronic components
- Different potential for each component
- Interactions between atoms
- Coupling between the two components
- Pumping into the trapped component

# Atom laser

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$$\begin{aligned}\hat{H} = & \int d\mathbf{x} \hat{\psi}_t^\dagger(\mathbf{x}) \left( -\frac{\hbar^2}{2m} \nabla^2 + V_t(\mathbf{x}) \right) \hat{\psi}_t(\mathbf{x}) + U_{tt} \int d\mathbf{x} \hat{\psi}_t^\dagger(\mathbf{x}) \hat{\psi}_t^\dagger(\mathbf{x}) \hat{\psi}_t(\mathbf{x}) \hat{\psi}_t(\mathbf{x}) \\ & + \int d\mathbf{x} \hat{\psi}_u^\dagger(\mathbf{x}) \left( -\frac{\hbar^2}{2m} \nabla^2 + V_u(\mathbf{x}) \right) \hat{\psi}_u(\mathbf{x}) + U_{uu} \int d\mathbf{x} \hat{\psi}_u^\dagger(\mathbf{x}) \hat{\psi}_u^\dagger(\mathbf{x}) \hat{\psi}_u(\mathbf{x}) \hat{\psi}_u(\mathbf{x}) \\ & + U_{tu} \int d\mathbf{x} \hat{\psi}_t^\dagger(\mathbf{x}) \hat{\psi}_u^\dagger(\mathbf{x}) \hat{\psi}_u(\mathbf{x}) \hat{\psi}_t(\mathbf{x}) \\ & + \int d\mathbf{x} \kappa(\mathbf{x}) e^{-i\mathbf{k}\cdot\mathbf{x}} \hat{\psi}_t^\dagger(\mathbf{x}) \hat{\psi}_u(\mathbf{x}) + \kappa^*(\mathbf{x}) e^{i\mathbf{k}\cdot\mathbf{x}} \hat{\psi}_u^\dagger(\mathbf{x}) \hat{\psi}_t(\mathbf{x}) \\ & + \hat{H}_{\text{pump}}(\hat{\psi}_t, \hat{\psi}_t^\dagger)\end{aligned}$$

Excellent model

Way too hard to solve

# The trouble with semi-classical

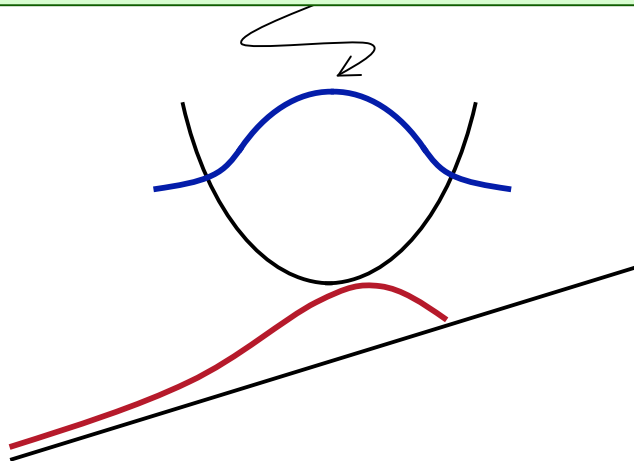
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Yesterday, we made the semiclassical approximation

- Are the quantum features important?
- What is the most interesting feature of an atom beam?

Suppose a semi-classical model reaches steady state:

Pumping from an incoherent reservoir



Almost by definition, the far field is in an eigenstate.

Semiclassical model predicts infinitely narrow linewidth



# Change trapped basis

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$$\begin{aligned}\hat{H} = & \int d\mathbf{x} \hat{\psi}_t^\dagger(\mathbf{x}) \left( -\frac{\hbar^2}{2m} \nabla^2 + V_t(\mathbf{x}) \right) \hat{\psi}_t(\mathbf{x}) + U_{tt} \int d\mathbf{x} \hat{\psi}_t^\dagger(\mathbf{x}) \hat{\psi}_t^\dagger(\mathbf{x}) \hat{\psi}_t(\mathbf{x}) \hat{\psi}_t(\mathbf{x}) \\ & + \int d\mathbf{x} \hat{\psi}_u^\dagger(\mathbf{x}) \left( -\frac{\hbar^2}{2m} \nabla^2 + V_u(\mathbf{x}) \right) \hat{\psi}_u(\mathbf{x}) + U_{uu} \int d\mathbf{x} \hat{\psi}_u^\dagger(\mathbf{x}) \hat{\psi}_u^\dagger(\mathbf{x}) \hat{\psi}_u(\mathbf{x}) \hat{\psi}_u(\mathbf{x}) \\ & + U_{tu} \int d\mathbf{x} \hat{\psi}_t^\dagger(\mathbf{x}) \hat{\psi}_u^\dagger(\mathbf{x}) \hat{\psi}_u(\mathbf{x}) \hat{\psi}_t(\mathbf{x}) \\ & + \int d\mathbf{x} \left( \kappa(\mathbf{x}) e^{-i\mathbf{k}\cdot\mathbf{x}} \hat{\psi}_t^\dagger(\mathbf{x}) \hat{\psi}_u(\mathbf{x}) + \kappa^*(\mathbf{x}) e^{i\mathbf{k}\cdot\mathbf{x}} \hat{\psi}_u^\dagger(\mathbf{x}) \hat{\psi}_t(\mathbf{x}) \right) \\ & + \hat{H}_{\text{pump}}(\hat{\psi}_t, \hat{\psi}_t^\dagger)\end{aligned}$$

Choose basis for trapped atoms

$$\hat{\psi}_t(x) = \sum_j u_j(x) \hat{b}_j \quad \hat{b}_j = \int d\mathbf{x} u_j^*(\mathbf{x}) \hat{\psi}_t(\mathbf{x})$$

# New atom laser Hamiltonian

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$$\begin{aligned}
 \hat{H} = & \sum_{jk} T_{jk} \hat{b}_j^\dagger \hat{b}_k + \sum_{jklm} V_{jklm} \hat{b}_j^\dagger \hat{b}_k^\dagger \hat{b}_l \hat{b}_m \\
 & + \int d\mathbf{x} \hat{\psi}_u^\dagger(\mathbf{x}) \left( -\frac{\hbar^2}{2m} \nabla^2 + V_u(\mathbf{x}) \right) \hat{\psi}_u(\mathbf{x}) + U_{uu} \int d\mathbf{x} \hat{\psi}_u^\dagger(\mathbf{x}) \hat{\psi}_u^\dagger(\mathbf{x}) \hat{\psi}_u(\mathbf{x}) \hat{\psi}_u(\mathbf{x}) \\
 & + U_{tu} \sum_{jk} \int d\mathbf{x} u_j^*(\mathbf{x}) u_k(\mathbf{x}) \hat{b}_j^\dagger \hat{\psi}_u^\dagger(\mathbf{x}) \hat{\psi}_u(\mathbf{x}) \hat{b}_k \\
 & + \sum_j \int d\mathbf{x} \left( \kappa(\mathbf{x}) e^{-i\mathbf{k}\cdot\mathbf{x}} u_j^*(\mathbf{x}) \hat{b}_j^\dagger \hat{\psi}_u(\mathbf{x}) + \kappa^*(\mathbf{x}) e^{i\mathbf{k}\cdot\mathbf{x}} u_j(\mathbf{x}) \hat{\psi}_u^\dagger(\mathbf{x}) \hat{b}_k \right) \\
 & + \hat{H}_{\text{pump}}(\hat{b}_k, \hat{b}_j^\dagger)
 \end{aligned}$$

$$T_{jk} = \int d\mathbf{x} u_j^*(\mathbf{x}) \left( -\frac{\hbar^2}{2m} \nabla^2 + V_t(\mathbf{x}) \right) u_k(\mathbf{x}) \quad V_{jklm} = U_{tt} \int d\mathbf{x} u_j^*(\mathbf{x}) u_k^*(\mathbf{x}) u_l(\mathbf{x}) u_m(\mathbf{x})$$

# Did we choose well?

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The hope is that most of the  $\hat{b}_k$  modes can be ignored.

$$\begin{aligned}\hat{H} &= \hbar\omega_0 \hat{b}_0^\dagger \hat{b}_0 + U_0 \hat{b}_0^\dagger \hat{b}_0^\dagger \hat{b}_0 \hat{b}_0 \\ &+ \int d\mathbf{x} \hat{\psi}_u^\dagger(\mathbf{x}) \left( -\frac{\hbar^2}{2m} \nabla^2 + V_u(\mathbf{x}) \right) \hat{\psi}_u(\mathbf{x}) + U_{uu} \int d\mathbf{x} \hat{\psi}_u^\dagger(\mathbf{x}) \hat{\psi}_u^\dagger(\mathbf{x}) \hat{\psi}_u(\mathbf{x}) \hat{\psi}_u(\mathbf{x}) \\ &+ U_{tu} \int d\mathbf{x} |u_0(\mathbf{x})|^2 \hat{b}_0^\dagger \hat{b}_0 \hat{\psi}_u^\dagger(\mathbf{x}) \hat{\psi}_u(\mathbf{x}) \\ &+ \int d\mathbf{x} \left( \kappa(\mathbf{x}) e^{-i\mathbf{k}\cdot\mathbf{x}} u_0^*(\mathbf{x}) \hat{b}_0^\dagger \hat{\psi}_u(\mathbf{x}) + \kappa^*(\mathbf{x}) e^{i\mathbf{k}\cdot\mathbf{x}} u_0(\mathbf{x}) \hat{\psi}_u^\dagger(\mathbf{x}) \hat{b}_0 \right) \\ &+ \hat{H}_{\text{pump}}(\hat{b}_0, \hat{b}_0^\dagger)\end{aligned}$$

We have reduced the number of indices.      Is it soluble?

# The single mode atom laser

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The dynamics of the output quantum field  $\hat{\psi}_u(\mathbf{x})$  are still complicated. How do we simplify the dynamics?

- Ignore interactions in the output field
- Ignore interactions with output field
- Choose eigenstate basis for output field

$$\hat{\psi}_u(x) = \int d\mathbf{p} w(\mathbf{x},\mathbf{p}) \hat{c}(\mathbf{p}) \quad \hat{c}(\mathbf{p}) = \int d\mathbf{x} w^*(\mathbf{x},\mathbf{p}) \hat{\psi}_u(\mathbf{x})$$

$$\begin{aligned} \hat{H} = & \hbar\omega_0 \hat{b}_0^\dagger \hat{b}_0 + U_0 \hat{b}_0^\dagger \hat{b}_0^\dagger \hat{b}_0 \hat{b}_0 + \int d\mathbf{p} \hbar\omega_{\mathbf{p}} \hat{c}_{\mathbf{p}}^\dagger \hat{c}_{\mathbf{p}} \\ & + \hbar \int d\mathbf{p} \left( \chi(\mathbf{p}) \hat{b}_0^\dagger \hat{c}_{\mathbf{p}} + \chi^*(\mathbf{p}) \hat{b}_0 \hat{c}_{\mathbf{p}}^\dagger \right) + \hat{H}_{\text{pump}}(\hat{b}_0, \hat{b}_0^\dagger) \end{aligned}$$

# The single mode atom laser

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We have simplified the output dynamics, but we still can't model them numerically.

Is there an analytical result?

- Output modes all come from a simple interaction term

$$i \frac{\partial \hat{c}_{\mathbf{p}}}{\partial t} = \omega_{\mathbf{p}} \hat{c}_{\mathbf{p}} + \chi^*(\mathbf{p}) \hat{b}_0$$

$$\hat{c}_{\mathbf{p}}(t) = \hat{c}_{\mathbf{p}}(0) e^{-i\omega_{\mathbf{p}} t} - i \chi^*(\mathbf{p}) \int_0^t e^{-i\omega_{\mathbf{p}}(t-u)} \hat{b}_0(u) du$$

# Atom laser output

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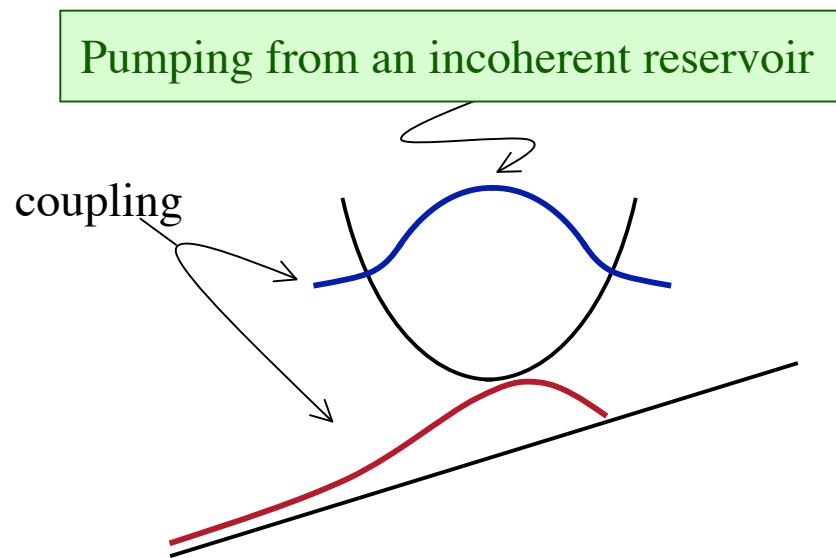
The spectrum of the output atom laser flux

$$\begin{aligned} \frac{\partial \langle \hat{c}_{\mathbf{p}}^\dagger \hat{c}_{\mathbf{p}} \rangle}{\partial t} &= \langle \hat{c}_{\mathbf{p}}^\dagger(0) \hat{c}_{\mathbf{p}}(0) \rangle + \langle \hat{B}_{lah} \hat{c}_{\mathbf{p}}(0) \rangle + \langle \hat{c}_{\mathbf{p}}^\dagger(0) \hat{J}_{unk} \rangle \\ &\quad + 2|\chi(\mathbf{p})|^2 \Re e \left( \int_0^t du e^{-i\omega_{\mathbf{p}}(t-u)} \langle \hat{b}_0^\dagger(t) \hat{b}_0(u) \rangle \right) \end{aligned}$$

All interesting observables depend only on the dynamics of the lasing mode!

# The atom laser

Looking back at our simple model:



Assuming a single, self-consistent mode in the trap, the **lasing mode**, and low **output** density, we can solve the problem without *any* further approximations

The dynamics of the **lasing mode** depend on the trap Hamiltonian, **back action from the output** and the **pumping process**.

# Exercise

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$$\begin{aligned} \frac{\partial \langle \hat{c}_{\mathbf{p}}^\dagger \hat{c}_{\mathbf{p}} \rangle}{\partial t} &= \langle \hat{c}_{\mathbf{p}}^\dagger(0) \hat{c}_{\mathbf{p}}(0) \rangle + \langle \hat{B}_{lah} \hat{c}_{\mathbf{p}}(0) \rangle + \langle \hat{c}_{\mathbf{p}}^\dagger(0) \hat{J}_{unk} \rangle \\ &\quad + 2|\chi(\mathbf{p})|^2 \Re e \left( \int_0^t du e^{-i\omega_{\mathbf{p}}(t-u)} \langle \hat{b}_0^\dagger(t) \hat{b}_0(u) \rangle \right) \end{aligned}$$

Assume the lasing mode is  
in a coherent state

$$|\psi\rangle_{\text{lasing mode}} = |\beta e^{-i\omega_0 t}\rangle$$

Q. What is the linewidth of the atom laser if there are initially no atoms in the output?



# The pumped (atom) laser

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- The linewidth of a laser is limited by “quantum noise”
- The model we developed works equally well for an optical laser
- The remaining step is to calculate the dynamics of the lasing mode

Optical outcoupling is blessed by the constant (high) speed of light. This leads to Markovian models, where there is **no back action**.

$$\left. \frac{\partial \hat{b}_0}{\partial t} \right|_{\text{Markovian damping}} = -\frac{\gamma}{2} \hat{b}_0$$

Atomic lasers deal with atoms taking significant time to get out of the coupling region

⇒ This leads to non-Markovian models

$$\left. \frac{\partial \hat{b}_0}{\partial t} \right|_{\text{outcoupling}} = \int_0^t du f(t-u) \hat{b}_0(u)$$

# The pumped (atom) laser

- The properties of the beam depend very strongly on the details of the **pumping process**. They are all theoretical for atom lasers
- The goal is to produce stable phase in the **lasing mode**

$$\frac{\partial \langle \hat{c}_p^\dagger \hat{c}_p \rangle}{\partial t} \propto \Re e \left( \int_0^t du e^{-i\omega_p(t-u)} \langle \hat{b}_0^\dagger(t) \hat{b}_0(u) \rangle \right)$$

$$g(\tau) \equiv \lim_{t \rightarrow \infty} \langle \hat{b}_0^\dagger(t + \tau) \hat{b}_0(t) \rangle \quad \longleftrightarrow \quad \begin{array}{l} \text{a.k.a. two-time correlation} \\ \text{temporal coherence} \end{array}$$

For a highly pumped system  
with a wise choice of  
pumping mechanism:

$$g(\tau) \approx e^{i(\omega_0 + \Delta)\tau} e^{-r|\tau|/4(\bar{n} + n_s)^2}$$

$r$  pumping rate

$\bar{n}$  mean lasing mode number

$n_s$  spontaneous loss

# The gain-narrowed (atom) laser

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$$\text{Output flux} \propto r \propto \bar{n} \quad \text{Output linewidth} \propto \frac{r}{4(\bar{n} + n_s)^2} \propto \frac{K}{\bar{n}}$$

With the right pumping mechanism (must be continuous), the output spectrum narrows as the flux increases!

This is called gain-narrowing, and we want it



## Requirements

- Continuous pumping mechanism (irreversible)
- Stable, single mode operation

# Summary

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Quantum field theory fundamentals - how to build models

Semiclassical approximation - how to build models

- [www.xmds.org](http://www.xmds.org)(the numerics)

Single mode approximations - how to build models

Atom laser models as an example of each

- current experimental models
- pumped atom laser multimode stability
- feedback (needs detection)
- gain-narrowing (needs continuous pumping)

